

ADVENTSZEIT FÜR DICH

Mi | 01

- 12:00 YOGA LUNCH BREAK
- 18:30 SAME SAME BUT DIFFERENT
- _____



- 12:00 YOGA LUNCH BREAK
- 18:00 BACK FOR GOOD
- _____

Do | 02

Fr | 03

- LANGER SPAZIERGANG
- _____



- JOURNALLING
- _____

Sa | 04

So | 05

- 17:00 BACK FOR GOOD
- 18:30 FLOW FLOW FLOW
- 20:00 SLOW LIKE HONEY



- 12:00 YOGA LUNCH BREAK
- 20:15 HART ABER HERZLICH
- _____

Mo | 06

Di | 07

- 12:00 YOGA LUNCH BREAK
- 18:00 FLOW & GROW
- _____



- 12:00 YOGA LUNCH BREAK
- 18:30 SAME SAME
- _____

Mi | 08

Do | 09

- 12:00 YOGA LUNCH BREAK
- 18:00 BACK FOR GOOD
- _____



- LANGER SPAZIERGANG
- _____

Fr | 10

Sa | 11

- JOURNALLING
- _____



- 17:00 BACK FOR GOOD
- 18:30 FLOW FLOW FLOW
- 20:00 SLOW LIKE HONEY

So | 12

**IM STREAM IM STREAM
EIN LICHTLEIN BRENNT**

Mo | 13

- 12:00 YOGA LUNCH BREAK
- 20:15 HART ABER HERZLICH
- _____



14



- 12:00 YOGA LUNCH BREAK
- 18:00 FLOW & GROW
- _____

Di | 14

Mi | 15

- 12:00 YOGA LUNCH BREAK
- 18:30 SAME SAME BUT DIFFERENT
- _____



16



- 12:00 YOGA LUNCH BREAK
- 18:00 BACK FOR GOOD
- _____

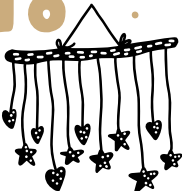
Do | 16

Fr | 17

- LANGER SPAZIERGANG
- _____



18



- JOURNALLING
- _____

Sa | 18

**ZÜND EINE KERZE AN,
SCHLIESS DIE AUGEN UND
SEI EINFACH NUR DA**

So | 19

- 17:00 BACK FOR GOOD
- 18:30 FLOW FLOW FLOW
- 20:00 SLOW LIKE HONEY



20



- 12:00 YOGA LUNCH BREAK
- 20:15 HART ABER HERZLICH
- _____

Mo | 20

Di | 21

- 12:00 YOGA LUNCH BREAK
- 18:00 FLOW & GROW
- _____



22



- 12:00 YOGA LUNCH BREAK
- 18:30 SAME SAME
- _____

Mi | 22

Do | 23

- 12:00 YOGA LUNCH BREAK
- 18:00 BACK FOR GOOD
- _____



24



- DAS LETZTE EINHORN ANSCHAUEN
- ZU VIELE PLÄTZCHEN ESSEN
- GESCHENKE AUSPACKEN

Fr | 24

Merry
Christmas